

## **Appendix A Reference Documentation/ Reading List**

### **Introduction**

The scope of knowledge expected of a First Class Diver covers a broad range of topics. All FCD should have a sound knowledge of the BSAC core diver training program and supporting skill development courses. Technical, Medical and special interest subjects should also be familiar topics to the FCD. The depth of knowledge they have will vary dependent on the FCD individual focused area of diving. All FCD however should have an understanding of the wider aspects of recreational diving activities.

### **BSAC Manuals and Publications**

These should be regarded as core FCD texts. As divers progress through the qualifications most of these books will have already been read but it is definitely worth revisiting any books you have not read for a while. These publications also get revised from time to time so it is worth checking you have the latest version.

The Expedition Manual – ISBN 9780956481306 (Highly recommended)

The Diving Manual – ISBN 0953891925

Dive Leading – ISBN 0953891941

Safety and Rescue for Divers – ISBN 0091853117

Seamanship: A guide for divers – ISBN 0953891976

The Club (50 years of BSAC) – ISBN 9780953891955

### **BSAC Decompression Tables**

BSAC Level 1 – 4 tables, BSAC Nitrox tables (Required for theory exam)

BSAC Ox-Stop Tables (Required for theory exam)

BSAC Gas Density Tables (Required for theory exam)

### **BSAC Course Materials**

Sport diving today covers a very broad range of interests and BSAC continues to develop its training materials to keep pace with technological developments. Whilst not all FCD share or can afford the same interests, all should have an appropriate understanding of theory behind these interests sufficient to manage a group of divers who may have those interests safely. Specific course student manuals are available to review for familiarisation and background reading.

BSAC Advanced Decompression Procedures Manual (Highly recommended)

BSAC Rebreather Course Manuals

BSAC Mixed Gas Course Manuals

### **BSAC Information available online on BSAC Website**

The BSAC website contains a wealth of information. Some areas of the BSAC website are restricted to BSAC members only so access to some information may require you to login to the website.

The FCD Section of Website ([www.bsac.com/fcd](http://www.bsac.com/fcd)) contains the latest information to assist First Class Divers.

Safe Diving provides detailed but succinct recommendations on all aspects of safe diving.

BSAC Skill Development Course notes and visual aids although primarily established to provide BSAC instructors advice and guidance on how to manage all aspects of running an

SDC in your branch, many of the course notes are accessible from the website. For those who need to complete the pre-requisite SDC course for the FCD Practical Exam syllabuses are also available.

BSAC Mailings. These allow you to keep abreast of developments in BSAC with BSAC spirit and blogs. You can sign up for mailing via the website if you are a BSAC member.

Social Media sites. There are many social media sites that have BSAC in their names. Please be mindful of the vast amount of opinions on social media. Monitoring these sites/groups can provide a good overview of what is going on, but they do not necessarily reflect BSAC policy or recommendations.

SCUBA Magazine. As the current official journal of the BSAC this also provides a wealth of information and covers sport diving current affairs. Take time to read the articles and assess what is written rather than just skimming through and looking at the pictures or adverts for holidays. The electronic version iSCUBA is also available to BSAC members.

**Non-BSAC Publications**

A BSAC First Class Diver should read more widely than just BSAC materials in order to gain a wider awareness of diving developments. This list is not meant to be a compulsory reading list given the long list and a number of them cover the same topic area. Some of these publications are also more useful as reference material for a particular subject rather than cover to cover reads. One suggestion might be to read at least one book in each topic area.					
<b>Publication Title, Author, ISBN Number</b>	<b>Medical</b>	<b>Decompression</b>	<b>Equipment</b>	<b>Dive Planning &amp; Techniques</b>	<b>Seamanship &amp; Weather</b>
Diving and Physiology in Plain English, Dr Jolie Bookspan, ISBN 0930406133	X	X			
Deeper into Diving, John Lippman, ISBN 0959030638	X	X			
Deco for Divers: Decompression Theory and Physiology, ISBN 9781905492077	X	X			
Oxygen First Aid for Divers, ISBN 0959030697	X		X		
The DDRC Underwater Diving Accident Manual, ISBN 0954406052	X				
Diving and Sub Aquatic Medicine, ISBN 05506 21311	X				
First Aid Manual (Latest Edition), ISBN 9781405315739	X				
Decompression Matrix, Bob Cole, ISBN 0952093421		X			
The Simple Guide to Rebreather Diving, ISBN 091332659		X			
Nautical Almanac, Reeds, ISBN Varies			X	X	X
Technical Diving from the bottom up, Kevin Gurr, ISBN 1904381200			X	X	
Technical Diving and Introduction, Mark Powell ISBN 9781905492312		X	X	X	
Mastering Rebreaters, Jeffrey E Bozniak, ISBN 0941332969			X	X	
Cave Diving Manual, The Cave Diving Group, ISBN 9780901031044			X	X	
Introduction to Technical Diving, Rob Palmer, ISBN 094602023X			X	X	
GMDSS for small craft, ISBN 1898660387			X		X
Outboard Trouble Shooter, ISBN 9781898660231			X		X
GPS Afloat, ISBN 189866093X			X		X
HMSO Chart Symbols – Chart 5011					X
The RYA Book of Navigation, ISBN 0713663227					X
The Adlard Coles Book of Navigation Exercises, ISBN 0713663235					X
Reed's Skippers Handbook, ISBN 100713669004					X
Weather at Sea, ISBN 1904475167					X
The Complete Guide to Knots and Ropework, ISBN 0754814165					X
Wreck Diving Manual, ISBN 9781861260239			X	X	
Hamlyn Book of Knots, ISBN 9780600600961					X
A Seaman's Guide to the Rule of the Road, ISBN 0948254009					X