

# Try Snorkel medical and responsibility declaration

Anyone with a medical history of diabetes, blackouts (epilepsy etc), perforated eardrums, high blood pressure, heart disease, any lung or respiratory disorder (such as asthma) or dependence on drugs may not be able to snorkel safely. If this is the case, specialist advice must be obtained before contemplating taking up this sport, for more information regarding medical advice, please see [ukdmc.org](http://ukdmc.org)

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Try Snorkels are available on the understanding that the person taking part:

1. Confirms themselves medically fit and does not suffer from, or have any history of, any of the disqualifying conditions mentioned above
2. Will, in the interests of safety, comply with all instruction given to them by the instructor
3. Is able to swim and is confident in water

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There is no lower age limit for participation in a Try Snorkel set by BSAC, but local organisers may impose a limit of minimum age or stature as they consider appropriate.

Every precaution will be taken for the safety of visitors and the club or centre organising the Try Snorkel reserves the right to terminate the session should there be reason to doubt fitness, ability or suitability to dive.

Name of student:

Address:

Postcode:

Email:

Telephone no:  Date of birth:

**I CERTIFY THAT I COMPLY/WILL COMPLY WITH THE TERMS 1, 2 AND 3 ABOVE**

Signature of student:

Signature of parent/guardian (if under 18):

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FOR CLUB OR CENTRE USE:

Course date:

Leader:

