

Appendix 4.5 Useful Contacts

Social Care Services

Your local phone book or the website for your County Council or unitary local authority will list numbers for Adult Services, generally with separate numbers for Adult Social Care and for the Emergency Duty Team (out of hours service).

Ann Craft Trust

The Ann Craft Trust (ACT) supports organisations in the statutory, independent and voluntary sectors across the UK to protect disabled children and adults at risk. 'Safeguarding Adults in Sport and Physical Activity' is a programme supported by Sport England to help sports organisations to develop best practice in safeguarding adults at risk. They provide a range of resources and training.

Tel: 0115 9515 400

Website: anncrafttrust.org/safeguarding-adults-sport-activity/

The following is a small selection of charities that support people with different needs and disabilities. A more comprehensive list can be found in the Resource Pack on the Ann Craft Trust website.

- **Action on Elder Abuse helpline**
0808 808 8141 | elderabuse.org.uk
- **Dementia UK**
0800 888 6678 | dementiauk.org
- **Mencap Direct**
0808 808 1111 | help@mencap.org.uk | mencap.org.uk
- **MIND** – mental health charity
0300 123 3393 | info@mind.org.uk | mind.org.uk
- **National Autistic Society**
0808 800 4104 | autism.org.uk
- **Victim Support**
0808 168 9111 | victimsupport.org.uk
- **Stonewall** – LGBTQIAP+ Advice
0800 050 2020 | stonewall.org.uk

- **Disclosure and Barring Service (DBS)** – BSAC is Registered Body
gov.uk/government/organisations/disclosure-and-barring-service
- **Volunteer Scotland Disclosure Services** – is Enrolled Body
volunteerscotland.net/disclosure-services
- **Disclosure Scotland** (for referrals)
mygov.scot/pvg-referrals
- **UK Coaching** - provide training on coaching people with disabilities
ukcoaching.org