



Getting the most from your membership

bsac.com





Welcome to BSAC



Photo: Under Swanage Pier, Paul Pettitt

It's great to have you join us.

As a member of BSAC you're part of the world's largest club of like-minded divers and snorkellers, from beginners through to some of the world's most experienced divers.

Your membership supports our work to encourage more people into the sport, to help protect the underwater environment, to develop training and keep diving safe. It also means you get access to a range of useful benefits to help support your diving.

Find out more over the following pages and on our website bsac.com

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Your benefits at a glance

As a member you can make the most of a range of useful benefits and discounts, including:

Great member discounts with:



NORTHERN DIVER



Spend less, dive more. Save £100s on a large range of big brand goods and services:

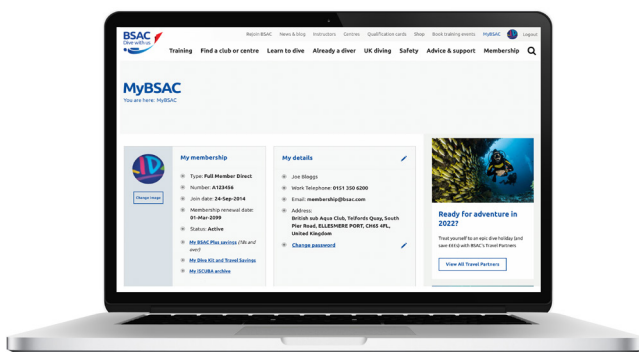


More info at
bsac.com/benefits

Benefits accurate at the time of going to print (May 2023).

BSAC reserves the right to add, change, or remove member benefits at any time.

MyBSAC - Your online member dashboard



To get the most from your membership login to your MyBSAC page at bsac.com/mybsac

You'll need your email and password to login. For help on how to do this go to bsac.com/mybsacwebsiteaccount

On your MyBSAC page you can:

- View and edit your contact details
- View and edit your email preferences
- Check out your training progression options

Accessing your MyBSAC account

If you joined online you should already have your MyBSAC account set up.

If you joined by filling in a paper form you should have been emailed with details on how to set up your MyBSAC account.

If you haven't received this yet, please contact BSAC at membership@bsac.com or call **0151 350 6201**.

Problems logging in?

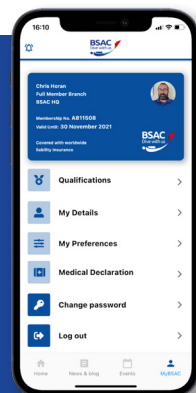
Visit bsac.com/mybsac and select 'Create / Forgotten password'.

For more help on how to do this go to bsac.com/mybsacwebsiteaccount

Download the MyBSAC app

With the app, you have all your essential BSAC information at your fingertips. Available on iOS and Android devices.

Visit bsac.com/mybsacapp to download.



Your member insurance cover

Scuba diving with BSAC has a really good safety record and this is mainly due to the training we do before participating in our exciting sport.

We hope you never need it, and very few members do, but the BSAC members liability insurance policy will protect you if you are blamed for causing an incident and someone wants to pursue a claim against you. BSAC's member insurance is the most robust available, giving members an exceptional level of cover.

- The limit of indemnity for third party liability is £10 million
- Unlimited legal costs
- Worldwide cover
- BSAC's experienced team will support you in the event of a claim
- No excess payment required

The insurance covers all BSAC members, regardless of which agency they trained with, to dive within the limits of their qualification in any recreational circumstances.

The following recreational activities are included in the policy (this list is not exhaustive):

- Diving and snorkelling
- Training
- Club diving trips
- Club officers insurance
- Club social/fundraising events
- Exhibitions
- Try dives
- Compressor operation
- Wreck penetration
- Technical diving and rebreathers

More information on current limits and other cover available please visit bsac.com/memberinsurance

All clubs must have their own policy for their club boats.



Photo: Alex Mustard



Read all about it

We like to keep you in the know on everything scuba and snorkelling. With our member magazine, member emails and online blog, you don't need to miss a thing.

SCUBA magazine

Full BSAC members get SCUBA delivered directly to their door ten times per year as part of their membership package. SCUBA is your magazine and we are keen to include your stories and ideas, so please keep in touch.

More at bsac.com/scubamagazine

iSCUBA

There is a digital PDF page-turner version of SCUBA called iSCUBA. If you currently receive the hard copy version of SCUBA and would either like to switch or receive iSCUBA

as well as your hard copy magazine, please login to the website, go to 'MyBSAC' and click on 'My SCUBA magazine preferences'

Member emails

BSAC Community is the monthly member email newsletter. It contains the biggest news stories of the month from BSAC.

To receive this and other useful emails, click on 'My email preferences' at bsac.com/mybsac to ensure you are subscribed.

Not signed up?

To check and edit your email preferences, please login to the website, go to 'MyBSAC' and click on 'My email preferences'.

“Being part of a club has given me the confidence to explore UK waters which means I can dive much more often. I’m hooked!”

Lisa Schears, Phoenix Sub-Aqua Club



bsac.com/clublif

Photo: Jane Morgan

Club life

We believe you get more out of your scuba diving or snorkelling experience as part of a club. BSAC's main purpose in life is to support its family of clubs and members in their pursuit of fabulous, safe diving and snorkelling.

If you are a 'direct' member and have not hooked up with a club yet, the doors are always open. Much like other clubs, BSAC clubs are all different so you may wish to visit a few before deciding.

More at bsac.com/clublife

Already in a club? Read our tips to get the most from club life:

Go to club nights and get-togethers

It sounds obvious, but the more time you spend socialising with your new buddies, the more you will get out of the whole experience.

Look out for regional events

Meet members from other clubs and progress your training at the same time at regional events. More at bsac.com/events

Progress your training

Diving and snorkelling offer endless opportunities for adventure. BSAC training and skills development will take you there. More at bsac.com/training

Volunteer

Volunteers make the BSAC world go round. Once you have settled in, you could get more involved in club life by volunteering. More at bsac.com/volunteer

Go diving and snorkelling

Make the most of the diving and snorkelling opportunities your club is offering; many have a year-round calendar of events.

Join our community on social media

Connecting with your club and other members on social media can be great fun. Divers and snorkellers love posting their pics and videos online. Remember to tag your club where possible to keep you even more connected with members and help raise the club's profile too. BSAC is on Facebook, Twitter, Instagram, LinkedIn, YouTube and TikTok. Join us! [@BSACdivers](https://twitter.com/BSACdivers) [#BSACdivers](https://twitter.com/BSACdivers).

“I love that BSAC teaches you how to organise diving, as well as how to dive. I can now confidently plan and manage adventurous expeditions”

Helen Mitchem, University of Nottingham SAC



bsac.com/training

Photo: Jane Morgan

Training

From absolute beginner to the more experienced, BSAC provides an extensive training programme that enables divers and snorkellers to progress through skills and qualifications at their own pace.

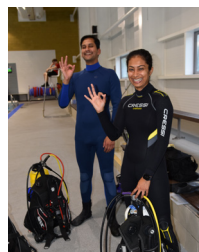
More at bsac.com/training

Diver grade training

There are seven internationally-recognised BSAC diver grades, from the entry level courses, Discovery Diver and Ocean Diver, through to our highest grade, First Class Diver.

The Diver Training Programme is regularly updated and improved to keep pace with developments in equipment and diving knowledge.

The programme is designed to build confidence and self-reliance. Diving skills are taught progressively so that each new experience is built upon step by step. More at bsac.com/divergrades



Skill Development Courses

You can build confidence and expand your diving opportunities with BSAC Skill Development Courses (SDCs). Whether your interest is in rescue, wrecks, boats or photography, there is an SDC for everybody.

SDCs can be run by your club, so please ask your Diving or Training Officer. If your club is unable to run the course you are interested in, you could do the course with either a Regional Team or at a BSAC Centre. More at bsac.com/SDCs



Technical diving courses

For those wanting the challenge and adventure of extending their limits underwater, technical diving could be for you. The use of mixed gas allows divers to explore deeper than the accepted limit for air diving, opening up new frontiers to explore. More at bsac.com/technical

Snorkelling courses

There are three BSAC snorkeller grades, from the entry-level Dolphin Snorkeller (for young children) or Snorkel Diver through to Advanced Snorkeller. The programme is designed to keep you safe in and around the water, and to build confidence and self-reliance. More at bsac.com/snorkellergrades



See page 12 for the diver progression chart and all scuba courses.

Diver training progression

Skill Development Courses (SDCs)

Anyone can do these courses...

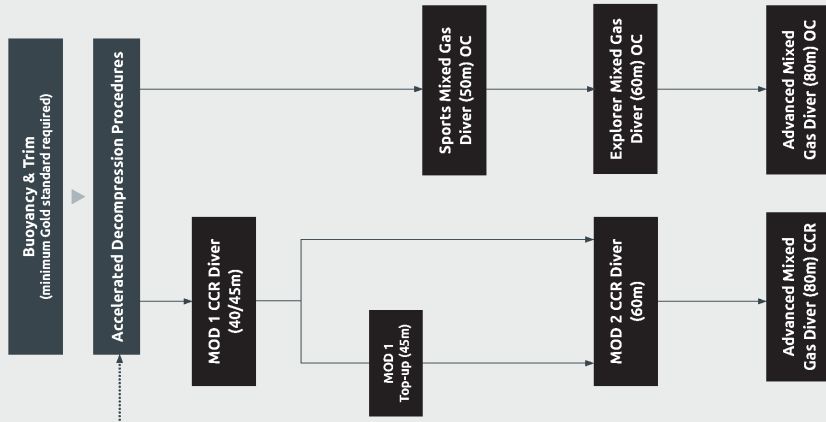
- Automated External Defibrillator
- Boat Handling
- Chartwork & Position Fixing
- Compressor Operation
- Diver Conswain Assessment
- Shore Surveyor

For Ocean Diver (or equivalent) and above...

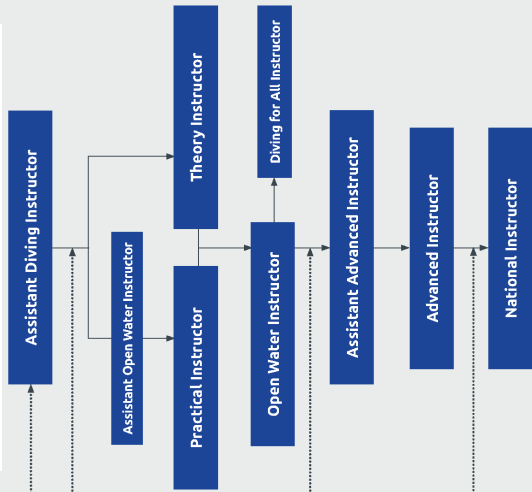
- Advanced Lifesaver Award
- Buoyancy and Trim
- Diving for All Dive Managers & Buddies
- Drysuit Training
- First Aid for Divers
- Lifesaver Award
- Nitrox Gas Blender/ Mixed Gas Blender
- Oxygen Administration
- RNLI Diver Sea Survival
- Wreck Appreciation

For Sports Diver (or equivalent) and above...

- Accelerated Decompression Procedures
- Advanced Twin Set Diver
- Advanced Wreck Diver
- Dive Planning and Management
- Ice Diving
- Practical Rescue Management
- Primary Donate Workshop
- Search and Recovery
- Twin Set Diver
- Underwater Photography
- Wreck Diving



Diver Training Programme



Instructor Training Scheme (ITS)





Events for all

As a BSAC member you have access to a network of diving, snorkelling and training opportunities.

Clubs usually run a calendar of events themselves for members, with various training, social and diving or snorkelling events throughout the year. You can speak to your club about their calendar of events. In addition to club events you could participate in regionally and nationally organised events too.

Regions exist to support clubs and members with their training. As a result they offer both support to clubs to run their own events, plus they also run a calendar of events themselves to supplement club training. As a member you are free to book onto the regionally and nationally-organised events calendar directly yourself.

Explore your options

The events calendar on bsac.com is diverse, with something for everyone. From local diver training events to the national BSAC Diving Conference, and from learning to drive a boat to instructor training, there will be something right for you.

Discover BSAC events at bsac.com/events

Need help finding a training event?

If you'd like to talk through your training options or can't find the event you're looking for, either ask an instructor at your club or contact BSAC at info@bsac.com or on 0151 350 6203.



Instructing

BSAC's volunteer instructors introduce around 5,000 people to diving and snorkelling every year. Instructing can be incredibly rewarding. You learn new skills and can make a real difference in your club.

Become an instructor

From BSAC Sports Diver (or equivalent) you can start training to become an instructor, enabling you to get involved in delivering your club training. The Instructor Foundation Course (IFC) is the first step in that journey. It's a great introduction to teaching diving theory and practical skills. It's also good fun and gives you a chance to mix with divers from far and wide.

More at bsac.com/instruct

Already a qualified instructor?

If you are an open water diving instructor with another agency it is easy for you to become a qualified BSAC instructor and start teaching. We recognise and welcome the value of your

instructor qualification and the one-day Instructor Crossover Course is the way for you to become familiar with the BSAC Diver Training Programme (DTP) and the way it is taught in clubs.

More at bsac.com/crossover

Become a snorkel instructor

If you are a BSAC Snorkel Diver (and 16 or over) the two-day Snorkel Instructor Training Course and Assessment introduces you to snorkelling instruction. BSAC scuba instructors can teach the snorkel syllabus, but attending this course formally credits them as Snorkel Instructors.

More at bsac.com/instruct

Children's courses

BSAC has courses for young people to help them develop an interest in the underwater world.

For younger members of the family, snorkelling is a great introduction to underwater sports and to develop greater water confidence. In addition to the Snorkeller Training Programme, BSAC has courses to introduce young people to the British seashore and to help them discover all the wonderful and weird creatures that can be found in rock pools.

The BSAC Beachcomber course has materials that can be downloaded by parents (for free). Plus, the BSAC Shore Surveyor course equips young people with the knowledge and skills needed to carry out shore surveys and help protect the UK's

In the words of BSAC's President HRH The Prince of Wales, pictured with young members below:

"The skills and experiences gained through BSAC snorkelling and scuba diving can have a positive and lasting impact on young people's lives, giving them confidence and building their aspirations."

native oysters and seagrass beds. Both are designed to support families in developing a shared love and respect of our seas.

Explore children's courses at bsac.com/children





Introducing the advice and support zone

The online advice and support section is designed to support all types of members. From supporting divers in training right up to support with organising adventurous diving expeditions, you will find tips and advice from the experts.

bsac.com/support

Learning to dive?

You will find support for your learning journey at bsac.com/traineesupport

Already a qualified diver?

Find support on topics such as refreshing your skills, new to UK diving and equivalent BSAC qualifications at bsac.com/alreadyqualified

Online training support

For Ocean Divers, Advanced Ocean Divers, Sports Divers, Dive Leaders, Advanced Divers and First Class Divers, there is an online section with quizzes to allow you to review what you have learnt in your lessons. There are also best practice skills videos to support beginner divers or those 'brushing up'. Visit bsac.com/trainingsupport



Progress your training

Want to get more from your diving? The key to the best scuba and snorkelling adventures is training. You will have fun build confidence and expand your opportunities. Learn at home with eLearning, in a club or training centre or on a scheduled event.

All options can be explored from bsac.com/training

Protect our seas

As scuba divers and snorkellers, we are uniquely placed to witness first-hand the impact of human activities on the underwater environment. BSAC's environmental commitments, its community projects and its diver and snorkeller guidelines to protect our seas are all online. Visit bsac.com/protectourseas

Safety

Knowledge of how to stay safe is essential for divers and snorkellers. Safety is taught to students as part of their training and is a primary consideration throughout BSAC's suite of courses. BSAC also has an extensive online safety section that shares 'best practice'. Visit bsac.com/safety

Can't find what you're looking for? Need to talk to someone?

Email us at info@bsac.com or call 0151 350 6201.

Get involved

There are so many ways to get involved in BSAC life. Here are some of the opportunities on offer to help you get more out of your BSAC experience:

Keep training

The key to the best diving adventures is training. You will grow your skills, your diving opportunities and make new friends. You will get to travel around the UK and visit new dive sites too. Visit bsac.com/training

Travel

If you can, treat yourself to overseas diving holidays. Clubs regularly organise these – they are sociable and can blow your diving socks off. Remember to save money with the BSAC Travel Partners. More at bsac.com/travelpartners

Find a special interest

Once you have learnt to dive and have a little experience under your belt, adopting a special interest can keep things exciting and interesting. Many people develop specific interests in areas such as underwater photography, wreck diving or technical diving. Explore your options at bsac.com/SDCs

Volunteer


Volunteers make the BSAC world go round. There are lots of reasons why people volunteer for BSAC – but they all agree on one thing – it's one of the most rewarding experiences you can have. More at bsac.com/volunteer

Join a club

If you're not part of one already, joining a club is a great way to get more from your diving and snorkelling. If you live in the UK, there's probably a BSAC club within a few miles of your home. The doors are open to all. Find a club near you at bsac.com/findaclub

Join a marine conservation project or event

Clubs and members across the BSAC community are running projects and events to help protect our seas. From litterpicks to counting oysters, there's something for everyone. Explore your options at bsac.com/conservationprojects

A man and a woman are shown from the chest up, wearing black and blue wetsuits. The man, on the left, has a beard and is smiling. The woman, on the right, is also smiling and looking towards the camera. They are standing next to a white scuba tank with black straps. The background is a stone wall. The word "BARE" is visible on the man's wetsuit sleeve.

“I’ve got a lot from volunteering over the years...if you’re thinking about volunteering for something, be clear on what you can commit to and just go for it!”

Maria Harwood, Chorley BSAC

Photo: Jane Morgan



Got a question?

If you have a question, need advice and support, or simply have some feedback, please get in touch.

0151 350 6201 (Mon-Fri 09:00-17:00)

info@bsac.com | bsac.com | [@BSACdivers](https://www.instagram.com/BSACdivers)

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